



Community School District 4

Resource Guide

Dear Families,

As we continue to adjust to our "new normal" for the next several weeks, we wanted to take a moment to check in with you. We hope you and your families are well and staying safe! If you are in need of any support, Elio and I are available and accessible via email as are your school parent coordinators.

This Resource Guide will provide you with important information and support available for our families and students. We ask that you share this information with other families for which we may not have their email contact information.

Once again, please know we are here to support our families and are available to address any concerns you may have.

Wishing everyone well!

Elio Valdez, Family Support Coordinator
Family Support Coordinator

Nancy Pereira
Family Leadership Coordinator

Queridas familias,

A medida que continuamos ajustándonos a nuestra "nueva normalidad" durante las próximas semanas, queríamos tomarnos un momento para registrarnos con usted. ¡Esperamos que usted y sus familias estén bien y se mantengan a salvo! Si necesita ayuda, Elio y yo estamos disponibles y accesibles por correo electrónico, al igual que los coordinadores de padres de su escuela.

Esta Guía de recursos le proporcionará información importante y apoyo disponible para nuestras familias y estudiantes. Le pedimos que comparta esta información con otras familias para las cuales es posible que no tengamos su información de contacto por correo electrónico.

Una vez más, sepa que estamos aquí para apoyar a nuestras familias y estamos disponibles para atender cualquier inquietud que pueda tener.

¡Les deseamos a todos lo mejor!

Elio Valdez, Family Support Coordinator
Family Support Coordinator

Nancy Pereira
Family Leadership Coordinator

SCHOOL CONTACT INFORMATION

<u>PS/MS</u>	<u>#</u>	<u>CONTACT</u>	<u>PC Email</u>
<u>PS/MS</u>	<u>7</u>	<u>Zoila Gomez</u>	zgomez@schools.nyc.gov
<u>PS/MS</u> <u>TAG</u>	<u>12</u>	<u>Daniel Johnson</u>	djohnson73@schools.nyc.gov
<u>PS</u>	<u>37</u>	<u>Stephanie Rodriguez</u>	srodriguez109@schools.nyc.gov
<u>PS</u>	<u>38</u>	<u>Lennys Patino</u>	lpatino3@schools.nyc.gov
<u>PS/MS</u>	<u>57</u>	<u>Lizbeth Rivera</u>	msrivera@ps57.us
<u>PS/MS</u>	<u>72</u>	<u>Yaniferz Cantor</u>	YCantor@schools.nyc.gov
<u>PS</u>	<u>83</u>	<u>Jenny Cardena</u>	jcardena@schools.nyc.gov
<u>PS/MS</u>	<u>96</u>	<u>Jubetsy Minaya</u>	JMinaya@schools.nyc.gov
<u>PS</u>	<u>102</u>	<u>Yvonne Esquillin</u>	yesquillin2@schools.nyc.gov
<u>PS/MS</u>	<u>108</u>	<u>Estrella Reyes</u>	ereyes37@schools.nyc.gov
<u>PS</u>	<u>112</u>	<u>Saulithy Rosario</u>	SRosario13@schools.nyc.gov
<u>PS</u>	<u>146</u>	<u>Diana Alava</u>	dalava@ps146.org
<u>PS</u>	<u>155</u>	<u>Marcia Sulit, Principal</u>	Msulit@schools.nyc.gov
<u>PS/MS</u>	<u>171</u>	<u>Kathy Rodriguez</u>	Krodriguez24@schools.nyc.gov
<u>PS</u>	<u>182</u>	<u>Sonia Quintero</u>	SQuintero@schools.nyc.gov
<u>PS/MS</u>	<u>206</u>	<u>Airyn Perez</u>	aperez115@schools.nyc.gov
<u>IS</u>	<u>224</u>	<u>Angie Ortiz</u>	AOrtiz32@schools.nyc.gov
<u>MS/HS</u>	<u>372</u>	<u>Nahelis Polanco</u>	Npolanco10@schools.nyc.gov
<u>PS</u>	<u>375</u>	<u>Christina Hernandez</u>	chernandez@schools.nyc.gov
<u>MS</u>	<u>377</u>	<u>Amanda Natar</u>	Anater2@schools.nyc.gov
<u>PS</u>	<u>497</u>	<u>Najah Velasquez</u>	NVelazquez5@schools.nyc.gov
<u>IS</u>	<u>825</u>	<u>Cheryl Forsyth</u>	cforsyth@inms.info
<u>PS</u>	<u>964</u>	<u>Julie Atwell</u>	jatwell@schools.nyc.gov

DISTRICT OFFICE CONTACTS:

If you need help with a problem that cannot be resolved at the school level or wish to report a complaint, please reach out to the district superintendent's office via email at:

<u>Elio Valdez</u>	<u>Family Support Coordinator</u>	EValdez2@schools.nyc.gov
<u>Nancy Pereira</u>	<u>Family Leadership Coordinator</u>	NPereira@schools.nyc.gov

Regional Enrichment Centers

Eligibility and Enrollment

The DOE has been reaching out to other City agencies, unions, and partner organizations to help identify and contact families of first responders, health care workers, and key transit employees who will need to send their children to the Regional Enrichment Centers.

With these partners, we are working to alert families about this opportunity and to help register the children for a site near their home. If you think you might be eligible to send your child to a center near you, please complete this survey at the below link:

<https://docs.google.com/forms/d/e/1FAIpQLSdDNFMOezuG9mCu99utf3dkloTp dEhzBB1ancwlaeT3ny7uEQ/viewform>

Free Meals

The New York City Department of Education is committed to making three free meals available daily for all NYC children.

- Beginning March 23, meals will be distributed at more than 400 sites across the city.
- Three meals a day, including breakfast, will be available to all NYC children
- Monday through Friday 7:30 am to 1:30 pm at locations across the city.
- Use our site lookup tool to find a location near you!

How to Pick Up a Meal:

- No registration, ID, or documentation required.
- All three meals a day may be picked up at the same time.
- No dining space is available, so meals must be eaten off premises.
- Parents and guardians may pick up meals for their children.

To find the location nearest you to pick up your “Grab-and-Go” meals go here:

<https://www.opt-osfns.org/schoolfoodny/meals/default.aspx>

Remote Learning

Each school has its own online platform, with many schools using Google Classroom. Educators have contacted school communities to let you know what remote learning tool your child's school will be using.

- You can find instructions on DOE student accounts and getting started in Google Classroom and Microsoft Teams at: schools.nyc.gov/learnathome.
- If you are having additional problems connecting, contact your school directly via email. Our Find a School tool can help you find contact info for your school as well, if you do not already have it: schools.nyc.gov/find-a-school.

Electronic Devices

If your child needs a device to participate in remote learning, and you have not yet filled out a device request form, please visit:

<https://coronavirus.schools.nyc/RemoteLearningDevices>

We will help you get a device with internet connection.

- Many of you have already received a device on loan from your school. If you have not and you still require a device, please fill out the survey and DOE will reach out to you.

Students with Individualized Education Programs (IEPs)

If your child is recommended for integrated co-teaching (ICT), special class, or special education teacher support services, your school will make every effort to arrange for them continue to receive instruction from the same special education teachers and classroom paraprofessionals that usually teach them. Someone from your school will contact you to discuss how instruction will be delivered.

- Your child's IEP meetings will still take place; IEP meetings will be conducted by phone. To make a referral for initial evaluation or reevaluation, you can email your principal or specialeducation@schools.nyc.gov or call 311.
- For more on remote learning for students with IEPs, please visit schools.nyc.gov/learnathome.

Remote Learning Resources for Families

- Google Classroom Parent Guides

At the links below, you will find *A Parent's Guide to Google Classroom* in various languages:

<https://drive.google.com/file/d/1K7K6hsq-jMm0AUWW01F2RbVnOKLhzEAD/view> (English)

https://drive.google.com/file/d/10PxbgpEPI8DQNYj-tQAgS_-4erTZQf1/view (Chinese)

<https://drive.google.com/file/d/1Mshttlxkfu0QsFfKjMUjvavt4JbxePle/view> (Korean)

<https://drive.google.com/file/d/1qiLpERFXNHCOiKSulll3ImOAyr7TWLIQ/view> (Bengali)

https://drive.google.com/file/d/1RD1wGfQi1Hk6j6s5Fc_DXi7zTUG5kXwe/view (Russian)

<https://drive.google.com/file/d/1MhAhIUffne8DmV1NjGsvmBcmT88-Mnjs/view> (Arabic)

- Early Childhood Resources (3K & pre-K)

Children love to play—anytime, anywhere, and with almost anything. As they play, they're learning about the world around them and practicing important skills. The document below includes many fun and engaging activities you can do with your children at home. This includes activities for infants, toddlers, and children who are 3 and 4 years old.

<https://www.schools.nyc.gov/learn-at-home/activities-for-students/early-childhood>

- Grades Kindergarten through 5th Grade

Get activities and resources for your first your child to use at home.

<https://www.schools.nyc.gov/learn-at-home/activities-for-students/grades-k-5>

- Middle School

Get activities and resources for your middle school child to use at home.

<https://www.schools.nyc.gov/learn-at-home/activities-for-students/middle-school>

- High School

For each subject below you will find links to worksheets with activities to do at home. For each activity, you will find:

- A description and/or instructions for the activity
- Information about both content and practice that the activity supports
- One or more focus or discussion questions that will help deepen the learning of the activity.

<https://www.schools.nyc.gov/learn-at-home/activities-for-students/high-school>

● Health and Social/Emotional Support

Health education is a required academic subject that teaches students how to take care of their minds, their bodies, and their relationships with others. Health education is required for students every year, in grades K-12. In health class, students learn the concepts and skills they need to be healthy for life, including:

- Social and emotional skills
- How to set goals for life and health
- How to find and use health services
- Good communication and relationship skills
- How to set boundaries and resist negative social pressure

These skills are especially important during times when families and students are managing illness or other challenging situations. While your child is at home, you can support their physical, mental, social, and emotional development with the following free resources:

<https://www.schools.nyc.gov/learn-at-home/activities-for-students/health-education>

● How to Talk About the Corona Virus to kids (article)

https://www.understood.org/en/school-learning/how-to-talk-about-coronavirus-with-kids?_u=1*bqh1zo*domain_userid*YW1wLVFYc2VmUm9SbXpRVTFYeU9jQ05YVnc

● Specialized Instruction and Student Support (Students with IEPs)

The resources below are designed to support your child when at home. You will find social stories, visual aids, at home tips for speech, occupational therapy and physical therapy.

<https://www.schools.nyc.gov/learn-at-home/activities-for-students/diverse-learning-for-special-populations>

● Additional Resources for Learning At Home

At the link below you will find a variety of books, magazines, and websites on a wide range of topics that appeal to children of all ages.

<https://www.schools.nyc.gov/learn-at-home/activities-for-students/additional-resources>

- [NY Public Library](#)

FREE Online Tutoring for students in grades Pre-K through 12th:

https://www.nypl.org/about/remote-resources/kids-and-teens/homework-help-brainfuse?campaign_id=44&emc=edit_ur_20200325&instance_id=17050&nl=new-yorktoday®i_id=116356097&segment_id=22796&te=1&user_id=f8ecaa2b5212473cd7d915d671fccf93

- [Amazon Audio Books](#)

Amazon has made available books and audio stories for children and students of all ages as long as schools are closed. Kids everywhere can instantly stream an incredible collection of stories, including titles across six different languages, that will help them continue dreaming, learning, and just being kids. Please share this information with other families!

All stories are free to stream on your desktop, laptop, phone or tablet using the following link:

<https://stories.audible.com/start-listen>

- [NYC Schools Account](#)

We invite you to register for an NYC Schools Account, which provides you a new way of accessing key information about your child's progress. With your NYC Schools Account, you will be able to view your child's information in one of ten languages on a computer, phone or tablet. You can register for your account from any computer or internet-connected device by:

Log into your NYC Schools Account at:

<http://mystudent.nyc>

If you need to create an account, contact your school parent coordinator via email. For your account creation code.

- [Enrollment and Placement Support](#)

Family Welcome Center (FWC) staff are available by email, and are prepared to assist with enrollment and placement of new admissions, questions around admissions, information about offers, and waitlists. **They do not handle REC enrollment.**

Please be aware FWCs are processing a high volume of questions at this time in connection to the recent release of high school admissions offer letters. We ask for your patience, and are aiming to respond to all requests within 48 hours. Here's how to receive direct support on these topics:

- Bronx: bronxfwc@schools.nyc.gov(Open external link)
- Brooklyn: brooklynfwc@schools.nyc.gov(Open external link)
- Manhattan: manhattanfwc@schools.nyc.gov(Open external link)
- Queens: queensfwc@schools.nyc.gov(Open external link)
- Staten Island: statenlandfwc@schools.nyc.gov(Open external link)
- Parents can also call 311 and say "Schools" to be routed to someone who can help with school-related questions.

If you need help with a problem that cannot be resolved at the school level or wish to report a complaint, please reach out to your district superintendent's office via email at:

Elio Valdez, Family Support Coordinator: evaldez2@schools.nyc.gov

Nancy Pereira, Family Leadership Coordinator: npereira@schools.nyc.gov

- [Food Pantries in NYC:](#)

In light of ongoing developments around COVID-19, many emergency food providers have temporarily suspended normal operations. The sites listed on the map at the link below have switched to “grab-and-go” meals and pantry bags to minimize the risk of exposure. This list is subject to change without notice. We encourage you to call ahead to confirm services of food distribution and hours.

<https://www.foodbanknyc.org/get-help/>

- **Support for Undocumented Families**

- **IMMSchools:**

ImmSchools is an immigrant-led nonprofit organization that partners with K-12 educators to transform schools into safe and welcoming spaces for undocumented students and families.

Contact: Vanessa Luna

Email: vanessa@immschools.org

Family Resources:

<https://www.immschools.org/resources/families-hub>

- **New York Immigration Coalition**

Provides resources for undocumented families

<https://www.nyic.org/>

- **Mayor's Office for Immigrant Affairs**

<https://www1.nyc.gov/site/immigrants/index.page>

- **NYC Comptroller's Office**

Immigrant Rights & Services Manual

Available in multiple languages:

<https://comptroller.nyc.gov/services/for-the-public/immigrant-rights-and-services/>

- Support with rent, food, mental health, and medical assistance:

Access NYC:

<https://access.nyc.gov/coronavirus-covid-19-updates/>



Resources for NYC residents COVID-19 outbreak

The following links provide New York City residents with resources to manage life amidst the COVID-19 outbreak. For continued updates please visit the [NYC gov website](#).



FOOD & WELLNESS

[Bronxworks Food Pantries](#) [Food Bank NYC](#) [Food Help NYC](#)

[Episcopal News Service](#) [NY Common Pantry](#) [Holy Cross Food Bank \(Bronx\)](#)

[Emergency Food Assistance Program](#) [RSVP to Hunter College Webinar](#).

[NYC Health](#) [Managing Stress & Anxiety](#). [Lunch for Senior Citizens](#)

Connect to **free & confidential** mental health support: 1-888-NYC-WELL



REMOTE EDUCATION

[FREE Online Learning Resources \(K-12\)](#) [Virtual Field Trips](#) [Scholastic, Inc.](#)

[NYC DOE Resources](#). [National DOE resources](#) [Policy Innovators in Education](#)

Students without internet access: call 1-844-488-8395 for **free internet** from Spectrum!



FINANCIAL RELIEF

[Freelance Artist Resource](#) [Interest Free loans](#) [NYC Assistance for businesses](#)

Visit www.nyul.org for more information



Resources for High School Juniors & Seniors COVID-19 outbreak

As fallout from the COVID-19 Outbreak continues to spread, the New York Urban League aims to equip students and their families with educational resources.



COLLEGE READINESS

College admission procedures have changed due to the coronavirus outbreak. The links below provide information on extended deadlines and important upcoming dates.

College Testing Updates: [SAT](#) | [ACT](#) | [AP Test](#) | [College Deposit Deadlines](#)

[College Admission Updates](#) | [Financial Aid](#) | [Common App FAQ](#)

REMOTE EDUCATION

Below are links to FREE educational online resources for high school students. If a student is without internet access, call 1-844-488-8395 for free internet from Spectrum.



[Ken Burns in the Classroom](#) | [Graphing Calculator app](#)

[TED Talks](#) | [Quizlet](#) | [Khan Academy](#)



NEW YORK STATE

The following links provide updates from the public university networks in New York.

[City University of New York \(CUNY\)](#)
[State University of New York \(SUNY\)](#)

Visit www.nyul.org for more information

- **Food Delivery Assistance**

<https://cv19engagementportal.cityofnewyork.us/#/display/5e7555117ad6750216160409>

Who is this for?

This website is intended for individuals and families who meet all of the following criteria as a result of the COVID-19 emergency:

- No members of the household can go out and get food because they are at increased medical risk or homebound
- No neighbors or family members can go out and get food for you
- Do not receive meal assistance from other providers (incl. Meals on Wheels or God's Love We Deliver); and
- You are unable to afford meal delivery or grocery delivery

Households that qualify may place an order every 48 hours. No orders may be placed between the hours of 11AM Friday and 11AM Saturday and no deliveries will be made on Sundays.

Orders placed before 11AM will be delivered within two days of the order date. Orders placed after 11AM will be delivered within three days of the order date.

Each order will contain two days of meals (4 meals per person in the household, but no household will receive more than 8 meals per delivery).

If you don't meet all of the eligibility criteria above you can still get help, to find food options in your area now you can visit the link below to see the local food pantry, soup kitchen, senior center, or SNAP enrollment sites near you:

[NYC.gov/getFood](https://nyc.gov/getFood)

- NYC Crisis Services/Mental Health for families and staff
NYC WELL

FREE digital mental health resources for the duration of the COVID-19 pandemic

Call: 1-888-NYC WELL

Chat online: <https://nycwell.cityofnewyork.us/en/>